

ABSTRACT OF THE DISCLOSURE

The process for the preparation of enantiomerically enriched or enantiomerically pure (*S*)- or (*R*)-*N*-monosubstituted β -amino alcohols of formula (I) and their addition salts of proton acids, X represents S or O, and R represent C₁₋₆-alkyl, C₃₋₈-cycloalkyl, aryl or aralkyl.